

MOTIVATIONAL INTERVIEWING SUMMER SCHOOL 2 x two-day training workshops

Monday 10th - Thursday 13th July 2017

Venue: Swalec Stadium, Cardiff, Wales CF11 9XR

In the week of 10th July 2017, Stephen Rollnick & the MI Cardiff team will host four days of training in motivational interviewing (MI) along with a specially invited guest Terri Moyers, a hugely experienced trainer, practitioner and researcher. Steve and Terri will share their expertise across two separate workshops that you are welcome to choose one or both of.

1. Introduction to MI and Integration with Advice-giving. Monday 10th & Tuesday 11th July, 2017, Rollnick & Moyers

Stephen Rollnick, one of the co-founders of MI, will run this workshop supported on the second day by *Terri Moyers*. The focus will be on two things: an overview of MI for those fairly new to it, and then something quite novel - learning about how you might give advice in an MI-consistent way. This will mean working on practical skills in a supportive atmosphere with time to share experiences, listen to short mini-lectures, observe demonstrations, and more. Terri is a very experienced MI trainer, and an old friend of Steve's, and their exchanges offer the promise of clarifying lots of things. What unites them both is a commitment to helping people to integrate MI into every practice and services.

Further details about the workshop and registration can be found here: www.micardiff.co.uk

2. Intermediate/advanced workshop: Wednesday 12th & Thursday 13th July 2017, Moyers and Rollnick

Terri Moyers will run this workshop supported on the second day by *Stephen Rollnick*. It will involve a clear step up from an introductory workshop, and involve solid attention to practising the finer skills, clarifying how motivation is expressed in language, time for in depth discussion of hot topics and some attention to rolling out MI across a service system. Terri will also provide updates on the latest research and clinical information about both the relational and technical components of MI, along with clarity about the status of empathy in clinical interviews. This is Terri's 3rd visit to Cardiff and her workshops have been consistently well-received.

Further details about the workshop and registration can be found here: www.micardiff.co.uk

Venue: Swalec Stadium, Sophia Gardens, Cardiff, CF11 9XR.

This is a spacious and modern facility, close to the city centre, with views over the county cricket ground and surrounding parkland.

Cost: £350 (GBP ONLY) for 2-day workshop or a discounted rate of £600 for attendance at both workshops. There are limited reduced rate places available for registered students, groups and people working in areas of high deprivation with limited access to funding support. This price includes training fees, morning and afternoon refreshments, and buffet lunch on both days. This workshop is being run privately, is not associated with the any organisation or institution, and includes the cost of reusable beaded name badge holders produced by HIV-positive mothers in South Africa, see www.kidzpositive.org.

Registration:

Places will be booked on a first-come-first-served basis. Please complete an application form <http://www.micardiff.co.uk/registration.php> indicating your preferred method of payment and ensure that payment is authorised as soon as possible.

Please direct any queries to: info@micarrdiff.co.uk
Website: www.micardiff.co.uk